**Tanzania (United Rep.)**

<table>
<thead>
<tr>
<th>Postcode</th>
<th>Postcode type and position</th>
</tr>
</thead>
<tbody>
<tr>
<td>11101</td>
<td>5 digits to the left of the locality</td>
</tr>
</tbody>
</table>

**Coding method**

- **1 1 1 0 1**
  - delivery area or post office
  - Locality

**Position of the address on the envelope**

- Centred

**Alignment of address lines**

- Left-aligned

**Address format**

Please note that:

- For home delivery, the postcode is followed by the locality name.
- For postal delivery, the postcode is followed by the postal office name.
- For informal settlements in urban area, the suburb shall be mentioned above the postcode and locality name. In rural area, it is the village name which shall be mentioned at this position.
- For home delivery in rural area, the district name (2nd level of administrative division) should be added on the line below the postcode and above the region name (1st level of administrative division). The village name shall be mentioned above the postcode.

**Examples**

**Home delivery address**

In urban area:

- Mr. Joseph Mwamwaja  
  - addressee
  - Protea Apt 12
  - apartment number
  - 22 Ally Hassan Mwinyi
  - premise + street
  - 14111 MSASANI
  - postcode + locality
  - DAR ES SALAM
  - province
  - TANZANIA
  - country
- Regional Manager  
  - addressee
  - Arusha Head Post Office
  - organization
  - 1 Boma Street
  - premise + street
  - 23100 SEKEI
  - postcode + locality
  - ARUSHA
  - province
  - TANZANIA
  - country

In informal settlement in urban area:

- Mrs. Shams Kibe  
  - addressee
  - 27 Bonde la Mpunga
  - premise + sub-locality
  - 14111 MSASANI
  - postcode + locality
  - DAR ES SALAM
  - province
  - TANZANIA
  - country
Tanzania (United Rep.) (cont.)

Examples (cont.)

In rural area:
Mr James Ngoma
15 Shiri
Kimashuku Village
25204 MACHAME KUSINI
HAI
KILIMANJARO
TANZANIA

Postal delivery
P.O. Box:
Managing Director
Sangara Ltd
P.O. Box 3002
33100 MWANZA
MWANZA
TANZANIA

Poste restante:
Ms Nike Gouglas
Poste Restante
47200 KIGOMA
KIGOMA
TANZANIA

Postal bag:
Director General
Bugando hospital
Private Bag
33102 PAMBA
MWANZA
TANZANIA

Administrative divisions
Tanzanian addresses use the following hierarchy of administrative levels and settlements:

<table>
<thead>
<tr>
<th>Admin. Level</th>
<th>Local name in English</th>
</tr>
</thead>
<tbody>
<tr>
<td>province</td>
<td>1</td>
</tr>
<tr>
<td>sub-province</td>
<td>2</td>
</tr>
<tr>
<td>locality</td>
<td>3</td>
</tr>
<tr>
<td>sub-locality</td>
<td>4</td>
</tr>
<tr>
<td>sub-locality</td>
<td>5</td>
</tr>
</tbody>
</table>

List of provinces

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Arusha</td>
<td>Manyara</td>
<td>Pwani</td>
</tr>
<tr>
<td>Dar es Salaam</td>
<td>Mara</td>
<td>Rukwa</td>
</tr>
<tr>
<td>Dodoma</td>
<td>Mbeya</td>
<td>Ruvuma</td>
</tr>
<tr>
<td>Geita</td>
<td>Mjini Magharibi</td>
<td>Shinyanga</td>
</tr>
<tr>
<td>Iringa</td>
<td>Morogoro</td>
<td>Simiyu</td>
</tr>
<tr>
<td>Kagera</td>
<td>Mtwara</td>
<td>Singida</td>
</tr>
<tr>
<td>Katavi</td>
<td>Mwanza</td>
<td>Tabora</td>
</tr>
<tr>
<td>Kigoma</td>
<td>Njombe</td>
<td>Tanga</td>
</tr>
<tr>
<td>Kilimanjaro</td>
<td>Pemba Kaskazini</td>
<td>Unguja Kaskazini</td>
</tr>
<tr>
<td>Lindi</td>
<td>Pemba Kusini</td>
<td>Unguja Kusini</td>
</tr>
<tr>
<td><strong>Contact</strong></td>
<td>Tanzania Communications Regulatory Authority</td>
<td></td>
</tr>
<tr>
<td>---------------------</td>
<td>-----------------------------------------------</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Director General</td>
<td></td>
</tr>
<tr>
<td></td>
<td>P.O. Box 474</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DAR ES SALAAM</td>
<td></td>
</tr>
<tr>
<td></td>
<td>TANZANIA</td>
<td></td>
</tr>
<tr>
<td><strong>Tel:</strong></td>
<td>(+255 22) 241 20 11/12</td>
<td></td>
</tr>
<tr>
<td><strong>Fax:</strong></td>
<td>(+255 22) 241 20 09/10</td>
<td></td>
</tr>
<tr>
<td><strong>Email:</strong></td>
<td><a href="mailto:dg@tera.go.tz">dg@tera.go.tz</a></td>
<td></td>
</tr>
<tr>
<td><strong>Website</strong></td>
<td><a href="http://www.tera.go.tz">www.tera.go.tz</a></td>
<td></td>
</tr>
</tbody>
</table>

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